



SAFETY BULLETIN

Nov 2020
Slips and Trips during Winter Months

Twisted ankles, concussions, broken bones- These are just some of the injuries that people sustain after slipping and falling on ice and snow. Slips and Trips happen very fast in the winter whether at work or home.



At Work:

Educate workers on how to avoid slips, trips and falls in the winter

At Home:

Be prepared for wintry conditions by having shovels, sand and salt readily available

- Wear Suitable footwear
- Use handrails on stairs
- Take special care when entering or exiting buildings or vehicles
- Check weather reports and plan appropriately
- Do not rush- running on snow or ice will increase the chance of a fall
- Keep exits, entrances, walkways steps, ramps and driveways clear of snow and ice
- Use sand or salt in high traffic areas to reduce the chance of slipping and falling

Further Information

Further information can be sought from your Health & Safety Coordinator

